

# BPOS Annual Research Meeting 2026

British Pakistani Orthopaedic Society  
Manchester | 9 May 2026



Bringing together consultants, trainees and students to showcase research, foster collaboration and advance orthopaedic practice across all subspecialties.

## Programme Overview

10:00	Registration & Refreshments
10:30	Opening Remarks - Mr Waseem
10:35	Presidential Lecture - Mr Tahir Khan
10:45	Guest Lecture - Mr Zafar Naqui
11:05	Guest Lecture - Dr Radek Kebrle
11:25	Guest Lecture - Dr Frederik Verstreken
11:45	Coffee Break & Posters
12:00	Scientific Session 1
12:50	Lunch & Industry Exhibition
14:00	Scientific Session 2
15:20	Coffee Break & Posters
15:35	Panel Discussion
15:55	Industry Showcase
16:10	Awards
16:20	Closing Remarks - Mr Tahir Khan

# Programme Highlights

A comprehensive academic programme relevant across all orthopaedic subspecialties

## Scientific Session 1 - Trauma

Chair: Mr Rafi Iqbal, Mr Rizwan Shahid, Mr Adeel Akhter

This session will showcase trainee-led research focusing on acute trauma care, complex fracture management, peri-articular injuries and evolving surgical strategies.

Presentations will highlight contemporary approaches, decision-making in challenging cases, and outcome-driven

## Scientific Session 2 - Elective

Chair: Mr Turab Syed, Mr Ghulam Abbas, Mr Ather Siddiqi

This session will cover a broad spectrum of elective orthopaedics including arthroplasty, sports injuries and general orthopaedic practice.

The focus will be on clinically relevant research, innovation in surgical techniques, and improving patient outcomes across

## Guest Lectures

### Frederik Verstreken

Correction of Forearm Malunion:  
From Planning to Precision with 3D  
Technology

A detailed exploration of deformity correction using modern 3D planning techniques, with principles applicable across complex orthopaedic reconstruction.

### Zafar Naqui

Belonging and Purpose: Building  
Your Path in Surgery

An inspiring session exploring belonging and purpose in surgery, with insights into navigating career challenges and shaping a fulfilling and sustainable professional journey.

### Radek Kebrle

3D Planning and Printing in Distal  
Radius Malunion:

Why and When

A practical discussion on the role of 3D technologies in surgical planning, highlighting indications, benefits and limitations relevant to wider orthopaedic practice.

## Panel Discussion - Complex Cases in Orthopaedics

Chairs: Mr Aatif Mahmood, Mr Waseem, Mr Waseem Sardar Khan

An interactive session focusing on challenging clinical scenarios, decision-making in borderline cases and practical problem-solving.

The discussion will encourage audience participation and provide insights from experienced faculty across a range of orthopaedic subspecialties.

## Abstract Presentations & Awards

Submission and Presentation Reviewers: Mr Waseem, Mr Tahir Khan, Mr Adeel Akhter

Selected abstracts will be presented as podium and poster presentations, representing a wide range of orthopaedic topics.

Awards will be presented for the Best Podium and Poster Presentations.

## Why attend

- High-quality trainee and consultant-led research
- Broad orthopaedic relevance across subspecialties
- Exposure to innovation and evolving surgical techniques
- Opportunities for discussion, networking and collaboration

**4.5 RCSEng CPD Points**

## Industry Sponsors

