

# BPOS Annual Research Meeting 2026

British Pakistani Orthopaedic Society  
Manchester | 9 May 2026

Bringing together consultants, trainees and students to showcase research, foster collaboration and advance orthopaedic practice across all subspecialties.

## Programme Overview

10:30	Registration & Refreshments
11:00	Opening Remarks - Mr Waseem
11:05	Presidential Lecture - Tahir Khan
11:20	Guest Lecture - Zafar Naqui
11:40	Guest Lecture - Radek Kebrle
12:00	Guest Lecture - Frederik Verstreken
12:20	Coffee Break & Posters
12:40	Scientific Session 1 - Trauma
13:40	Lunch & Industry Exhibition
14:30	Scientific Session 2 - Elective
15:30	Coffee Break
15:50	Panel Discussion
16:20	Industry Showcase
16:40	Awards
16:50	Closing Remarks - Mr Tahir Khan

# Programme Highlights

A comprehensive academic programme relevant across all orthopaedic subspecialties

## Scientific Session 1 - Trauma

Faculty: Mr Rizwan Shahid, Mr Adeel Akhter

This session will showcase trainee-led research focusing on acute trauma care, complex fracture management, peri-articular injuries and evolving surgical strategies.

Presentations will highlight contemporary approaches, decision-making in challenging cases, and outcome-driven practice relevant to all trauma surgeons.

## Scientific Session 2 - Elective

Faculty: Mr Turab Syed, Mr Ghulam Abbas

This session will cover a broad spectrum of elective orthopaedics including arthroplasty, sports injuries and general orthopaedic practice.

The focus will be on clinically relevant research, innovation in surgical techniques, and improving patient outcomes across subspecialties.

## Guest Lectures

### Frederik Verstreken

Correction of Forearm Malunion:  
From Planning to Precision with 3D  
Technology

A detailed exploration of deformity correction using modern 3D planning techniques, with principles applicable across complex orthopaedic reconstruction.

### Zafar Naqui

What is Next in Hand Surgery -  
looking into the future

A forward-looking session exploring innovation, evolving techniques and future directions in upper limb surgery, with broader implications for orthopaedic subspecialties.

### Radek Kebrle

3D Planning and Printing in Distal  
Radius Malunion:

Why and When

A practical discussion on the role of 3D technologies in surgical planning, highlighting indications, benefits and limitations relevant to wider orthopaedic practice.

## Panel Discussion - Complex Cases in Orthopaedics

Chairs: Mr Aatif Mahmood, Mr Ather Siddiqi, Mr Waseem, Mr Waseem Sardar Khan

An interactive session focusing on challenging clinical scenarios, decision-making in borderline cases and practical problem-solving.

The discussion will encourage audience participation and provide insights from experienced faculty across a range of orthopaedic subspecialties.

## Abstract Presentations & Awards

Submission and Presentation Reviewers: Mr Waseem, Mr Tahir Khan, Mr Adeel Akhter

Selected abstracts will be presented as podium and poster presentations, representing a wide range of orthopaedic topics.

Awards will be presented for:

- Best Podium Presentation
- Best Poster Presentation

## Why attend

- High-quality trainee and consultant-led research
- Broad orthopaedic relevance across subspecialties
- Exposure to innovation and evolving surgical techniques